

Dyke Psyche continue from p 17

dren, a major risk factor for depression among the latter group. For those lesbians who are mothers, however, societal homophobia may make the motherhood process very stressful. Finally, lesbians have high rates of employment, a protective factor against depression, but some lesbians may experience discrimination and job insecurity in the workplace.

This discussion has focused on how lesbians compare with heterosexual women on risk factors for depression. In addition, lesbians face some life experiences that differ from heterosexual women. Lesbians experience hostility and invisibility from the heterosexual macro-culture. The process of coming out as a lesbian requires an active sequence of events, different from the relatively passive, "default" process of becoming a heterosexual. And lesbians must find the lesbian community, which is not as easily identifiable as the heterosexual community.

We know very little about the implications of these processes on depression among lesbians. Although the coming out process is stressful for many lesbians, there is evidence that once lesbians are out they are at an advantage psychologically and socially.

There has been little research on lesbians who are not white, not young adults, and not middle class. Problems experienced by lesbians who are members of ethnic minority groups, adolescents, older women, or women in prison need to be examined more closely. The double burden of being a lesbian in this society in addition to differing demographically from the lesbian community may increase rates of depression.

Esther Rothblum is Professor of Psychology at the University of Vermont and Editor of the Journal of Lesbian Studies. ▼

Win Tickets to see MacBeth

Go to:

www.vtpride.org/machunt.htm

before 5 pm January 18

health source

HEALTH.....

ALANA Health Care Organization

POB 357, 179 S. Winooski St, Burlington VT 05401 • 864-2631/864-2632

Alcoholics Anonymous

Burlington, 658-4221 • POB 5653 Burlington VT 05402 • Thur, 7pm St. Paul's Cathedral, Cherry St

Concord, NH, 603-357-4300 Wed, 7:30pm, First Congregational Church N. Main & Washington St.

Hanover, NH, Thursdays, 6:30pm, Dartmouth Hitchcock Medical Center Women only.

Keene, NH, (603) 357-4300 • Sat, 7-8:30pm. Call for location.

Manchester, NH, Sundays, 7:30pm UU Church, 669 Union St.

Nashua, NH, Mondays, 7:30pm Nashua Unitarian Church

The Comprehensive Women's Program (CWP)

POB 5248, Burlington 05402 802-863-2437 or 800-649-2437

Dawnland Center (Native American)

POB 1358, Barre St., Montpelier VT 05601 229-0601

Hepatitis Support Group

VA Hospital White River Jct., VT Mary Chaffee RN • 802-296-5191

hepccmary@hotmail.com

Lesbian Cancer Support group

660-8386

Men's Health Project

POB 5248, Burlington 05402 802-863-2437 or 800-649-2437

North Star Holistic Health Care

RR2 Box 3255, Morrisville VT 05661 888-2858

Tribal Remedies (ALANA Community Organization)

8 Williston, Brattleboro VT 05301 254-2972

Twin State Women's Network

POB 3, Cavendish VT 05142-0003 226-7807 • Margoc@mail.tds.net www.dartmouth.edu/~hivnet/orgswswn1.html

VT Dept. of Health, Office of MinorityHealth

108 Cherry St, POB 70, Burlington VT 05402 • 863-7273

Vermont Women's Health Center

336 North Ave, Burlington VT 05401 863-1386

HIV/AIDS SERVICES Hotlines

Vermont (800) 882-2437

NH (800) 752-2437

NY State (800) 541-2437

MA (617) 522-4090

ME (800) 851-2437

National: (800) 342-2437

National TTY: (800) 243-7889

Teen Hotline: (800) 234-TEEN

AIDS Community Awareness Project (ACAP)

POB 608, St. Johnsbury VT 05819 748-1149

AIDS Community Resource Network (ACoRN)

578 Hartford, White River Jct VT 05001 802-295-8777/800-816-2220 acom@valley.net

AIDS Services for the MonadnockRegion

(800) 639-7903

AIDS Services of Southwestern VT

108 Union St. #3, Bennington VT 05201 442-4481 or (800) 845-2437

Bennington Area AIDS Project

POB 1066, Bennington VT 05201 442-4481 or (800) 845-2437

Brattleboro Area AIDS Project

POB 1486, 67 Main St., 4th fl, Brattleboro VT 05302 • 254-8263 or 254-4444

sbell@sover.net

Comprehensive Care Clinics

Hotline: (800) 763-2460

Brattleboro: 257-8860

Burlington: 656-4594

Rutland: 747-1831

BOB GREEN M.A. LICENSED CLINICAL MENTAL HEALTH COUNSELOR

South Burlington
Individuals and Couples

(802) 658-2390
(800) 830-5025

NEW ENGLAND CENTER FOR ACUPUNCTURE & HERBOLOGY

Nationally Licensed and Internationally trained in
Acupuncture and Herbal Medicine

Elizabeth A. Scheuerman Charles C. Murdock

▼ One of the Largest Chinese Herbal Pharmacies
in Northern New England ▼

10 Marsett Road, Suite 4, Shelburne, Vermont 05482
(802) 985-0718



PHONE: 802/524-9595
FAX: 802/524-2867

Carol Thayer, MD
Kerri Ashling, MD

PO Box 1160, RD2 • Fairfax, VT 05454

anonymous HIV testing/counseling sites

BARRE-MONTEPELIER

Barlin Health Center
371-4342
RD #4, Box 1370
Montpelier, VT 05602

BENNINGTON

Bennington Family Practice Assoc.
447-1181
140 Hospital Drive
Bennington, VT 05201

BRATTLEBORO

Comprehensive Care Clinic
257-8860
Brattleboro Memorial Hospital
9 Belmont Avenue
Brattleboro, VT 05301

BURLINGTON

Community Health Center
864-8309
617 Riverside Ave., Suite 200
Burlington, VT 05401

COLCHESTER

Family Health
855-2055
311 Malletts Bay Avenue
P.O. Box 95
Colchester, VT 05448

DANVILLE

Health Center, Inc.
884-2275
Box 185, Hill Street
Danville, VT 05828

HARDWICK

Health Center
472-3300
High Street, P.O. Box 535
Hardwick, VT 05843

ISLAND POND

Health Center
723-4300
Middle Street
Island Pond, VT 05848

MIDDLEBURY

Open Door Clinic
388-0137
PO Box 95
Middlebury, VT 05753

NEWPORT

Northeast Kingdom Health Center
334-5008
30 Coventry Street
Newport, VT 05855

PUTNEY

Thomas Hoskins, M.D.
387-5581
Main St., P.O. Box 247
Putney, VT 05348

RUTLAND

Comprehensive Care Clinic
Rutland Regional Medical Center
747-1831

ST. ALBANS

Robert Zelazo, M.D.
524-9558
2 Crest Road
St. Albans, VT 05478

ST. JOHNSBURY

Comprehensive Care Clinic
748-7478
Northeast Vermont Regional
Hospital
Hospital Drive
St. Johnsbury, VT 05819

WINDSOR

Loahy Hitchcock Clinic
874-2183

St. Johnsbury: 748-7361

Franklin County AIDS Network

Donna 863-2437, or 800-649-2437

National Assoc. for People with AIDS

(202) 898-0414

NH/VT HIV Information Network on WWW

<http://www.dartmouth.edu/~hivnet/>

Rutland County AIDS Network

Mary Kathryn 775-5884

Vermont CARES

Vermont.CARES@Gte.net

POB 5248, Burlington VT 05402

863-2437 or (800) 649-2437

PO Box 6033, Rutland VT 05601

775-5884

PO Box 275, Montpelier VT 05601

229-4560

PO Box 503, St. Johnsbury VT 05819

748-9061

Living w/HIV AIDS support groups:

- Washington County, Melanie 229-4560

- Rutland County, Mary Kathryn 775-5884

- Burlington, Kara 863-2437

- St. Johnsbury, Ric 748-9601

Vermont Deaf AIDS Project

POB 172, Brattleboro VT 05302

800-257-1123/ (TTY) 800-253-0195/

fax 257-2013

VT Dept. of Health AIDS Program

108 Cherry St, POB 70, Burlington 05402

863-7245

Vermont People With AIDS Coalition

POB 11, Montpelier VT 05601 • 229-5754

or 800-69VTPWA • vtpwac@sover.net

www.sover.net/~vtpwac/

Washington County AIDS Network

Melanie at 229-4560