

Domestic Violence Series — Part IV
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that a person raised in a household where narcissistic family members suppressed her sense of self, and where she was exposed to abuse that could later serve as a model for her own behavior, would have all the elements of an abusive personality type. Furthermore, many people with this abusive personality type may not yet realize that they have potential for violence, especially if they have not yet been in a long-term relationship.

Tackling the Problem

Up to this point, society has done little to help abusers; most domestic violence programs focus solely upon protecting and supporting the victims.

However, the Internet does

boast at least one Web site worth mentioning: Blain Nelson's Abuse Pages, at www.blainn.cc/abuse. This site provides a list of questions to help readers determine whether their own behavior is abusive. It also offers Abuser Recovery Information, which includes details about several newsgroups and mailing lists abusers can join in order to converse with other "recovering abusers."

But in the absence of extensive community resources, dealing with the problem means facing some unpleasant realities.

Abusers must realize that, value judgements and explanations aside, hitting a partner, harassing him, and destroying his property are crimes, crimes

for which one can actually go to prison if and when a victim chooses to press charges.

Further, if the victim has already left the relationship over the abuse, the abuser must realize that any contact with her will tend to slow her recovery process — even if that contact is just a phone call or a letter to apologize.

What can be done for abusers, and whether they can ever be cured, depends largely on their willingness and ability to look at themselves, a common goal for all people in therapy, but one which is particularly difficult for those with abusive personalities.

This concludes OITM's series on same-sex domestic violence.

Practice limited
to male clientele



THERAPEUTIC MASSAGE
William Coil, NCMT



802-658-2390
800-830-5025

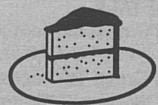


PHONE: 802/524-9595
FAX: 802/524-2867

Carol Thayer, M.D.

PO Box 1160, RD2 • Fairfax, VT 05454

*Out in the
Mountains*



*mmm, mmm,
good!*

PRIMARY CARE IN FRANKLIN COUNTY

Mara Vijups, M.D.

*Family Practice Specialist
NMC Rural Health Services*

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827-3032

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HEALTH

ALANA Health Care Organization
POB 357, 179 S. Winooski St, Burlington
VT 05401 * 864-2631/864-2632

Alcoholics Anonymous
Burlington, 658-4221 * POB 5653
Burlington VT 05402 * Thur, 7pm
St. Paul's Cathedral, Cherry St
Concord, NH, 603-357-4300
Wed, 7:30pm, First Congregational Church
N. Main & Washington St.
Hanover, NH, Thursdays, 6:30pm,
Dartmouth Hitchcock Medical Center
Women only.
Keene, NH, (603) 357-4300 *
Sat, 7-8:30pm. Call for location.
Manchester, NH, Sundays, 7:30pm
UU Church, 669 Union St.
Nashua, NH, Mondays, 7:30pm
Nashua Unitarian Church

**The Comprehensive Women's
Program (CWP)**
POB 5248, Burlington 05402
802-863-2437 or 800 649-2437

Dawnland Center (Native American)
POB 1358, Barre St., Montpelier VT 05601
229-0601

Hepatitis Support Group
VA Hospital White River Jct., VT
Mary Chaffee RN * 802-296-5191
hepcmary@hotmail.com

Lesbian Cancer Support group
660-8386

Men's Health Project
POB 5248, Burlington 05402
802-863-2437 or 800-649-2437

North Star Holistic Health Care
RR2 Box 3255, Morrisville VT 05661
888-2858

**Tribal Remedies (ALANA Community
Organization)**
8 Williston, Brattleboro VT 05301
254-2972

Twin State Women's Network
POB 3, Cavendish VT 05142-0003
226-7807 * Margoc@mail.tds.net
www.dartmouth.edu/~hivnet/orgswsn1.html

**VT Dept. of Health, Office of Minority
Health**
108 Cherry St, POB 70, Burlington
VT 05402 * 863-7273

Vermont Women's Health Center
336 North Ave, Burlington VT 05401
863-1386

HIV/AIDS SERVICES

Hotlines
Vermont (800) 882-2437
NH (800) 752-2437
NY State (800) 541-2437
MA (617) 522-4090
ME (800) 851-2437
National: (800) 342-2437
National TTY: (800) 243-7889
Teen Hotline: (800) 234-TEEN

**AIDS Community Awareness Project
(ACAP)**
POB 608, St. Johnsbury VT 05819
748-1149

**AIDS Community Resource Network
(ACoRN)**
578 Hartford, White River Jct VT 05001
802-295-8777/800-816-2220
acorn@valley.net

**AIDS Services for the Monadnock
Region**
(800) 639-7903

AIDS Services of Southwestern VT
108 Union St. #3, Bennington VT 05201
Alice Mazur 447-8007

Bennington Area AIDS Project
POB 1066, Bennington VT 05201
442-4481 or (800) 845-2437

Brattleboro Area AIDS Project
POB 1486, 67 Main St., 4th fl, Brattleboro
VT 05302 * 254-8263 or 254-4444
sbell@sover.net

Comprehensive Care Clinics

Hotline: (800) 763-2460
Brattleboro: 257-8860
Burlington: 656-4594
Rutland: 747-1831
St. Johnsbury: 748-7361

Franklin County AIDS Network
Donna 863-2437, or 800-649-2437

National Assoc. for People with AIDS
(202) 898-0414

**NH/VT HIV Information Network on
WWW**
<http://www.dartmouth.edu/~hivnet/>

Rutland County AIDS Network
Mary Kathryn 775-5884

Vermont CARES
Vermont.CARES@Gte.net
POB 5248, Burlington VT 05402
863-2437 or (800) 649-2437
PO Box 6033, Rutland VT 05601
775-5884
PO Box 275, Montpelier VT 05601
229-4560
PO Box 503, St. Johnsbury VT 05819
748-9061
Living w/HIV AIDS support groups:
- Washington County, Melanie 229-4560
- Rutland County, Mary Kathryn 775-5884
- Burlington, Kara 863-2437
- St. Johnsbury, Ric 748-9601

Vermont Deaf AIDS Project
POB 172, Brattleboro VT 05302
800-257-1123/ (TTY) 800-253-0195/
fax 257-2013

VT Dept. of Health AIDS Program
108 Cherry St, POB 70, Burlington 05402
863-7245

Vermont People With AIDS Coalition
POB 11, Montpelier VT 05601 * 229-5754
or 800-69VTPWA * vtpwac@sover.net
www.sover.net/~vtpwac/

Washington County AIDS Network
Melanie at 229-4560

**Designated HIV Provider,
Anonymous Counseling,
& Testing Sites in Vermont**

BARRE-MONTPELIER
Berlin Health Center
371-4342
RD #4, Box 1370
Montpelier, VT 05602

BENNINGTON
Bennington Family Practice Assoc.
447-1191
140 Hospital Drive
Bennington, VT 05201

BRATTLEBORO
Comprehensive Care Clinic
257-8860
Brattleboro Memorial Hospital
9 Belmont Avenue
Brattleboro, VT 05301

BURLINGTON
Community Health Center
864-6309
617 Riverside Ave., Suite 200
Burlington, VT 05401

COLCHESTER
Family Health
655-2055
311 Malletts Bay Avenue
P.O. Box 35
Colchester, VT 05446

DANVILLE
Health Center, Inc.
684-2275
Box 185, Hill Street
Danville, VT 05828

HARDWICK
Health Center
472-3300
High Street, P.O. Box 535
Hardwick, VT 05843

ISLAND POND
Health Center
723-4300
Middle Street
Island Pond, VT 05846

MIDDLEBURY
Open Door Clinic
388-0137
PO Box 95
Middlebury, VT 05753

NEWPORT
Northeast Kingdom Health Center
334-5008
30 Coventry Street
Newport, VT 05855

PUTNEY
Thomas Hoskins, M.D.
387-5581
Main St., P.O. Box 247
Putney, VT 05346

RUTLAND
Comprehensive Care Clinic
Rutland Regional Medical Center
747-1831

ST. ALBANS
Robert Zelazo, M.D.
524-9553
2 Crest Road
St. Albans, VT 05478

ST. JOHNSBURY
Comprehensive Care Clinic
748-7476
Northeast Vermont Regional
Hospital
Hospital Drive
St. Johnsbury, VT 05819

WINDSOR
Leahy Hitchcock Clinic
674-2193