

# health

&

# wellbeing

OITM introduces a new section devoted entirely to your health & wellbeing. We are currently seeking new advertisers\* from VT-area health workers to contribute to our growing directory of community resources. Please support GLBT-owned or staffed businesses whenever you can. Thank you and enjoy!

\*for information on advertising in OITM, call Chris Moes, (802) 865-9294



## Leah Wittenberg

Licensed Clinical Mental Health Counselor

Psychotherapy for Individuals and Couples  
Lesbians Considering Parenthood  
Body Centered Psychotherapy

2 Church St. Burlington

(802) 865-4568

## Susan McKenzie MS.

Licensed Psychologist-Master

Experienced therapist specializing in the individual and relationship issues of Lesbian Women and Gay Men

Quechee

Montpelier

Norwich

802 295-5533

Insurance Accepted-Sliding Fee Scale

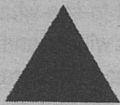
## Associates in Recovery

Janet K. Brown, M.A., C.A.D.C.  
LICENSED PSYCHOLOGIST - MASTER  
CERTIFIED ALCOHOL AND DRUG COUNSELOR

Jean Townsend, M.A., L.C.M.H.C.  
LICENSED CLINICAL MENTAL HEALTH COUNSELOR

Milton, Vermont  
(802) 893-4816

Burlington, Vermont  
(802) 863-8162



## PRINCE JHOREV

THETFORD CENTER • VERMONT • (802) 785-2227  
REIKI MASTER • POLARITY • SWEDISH/ESALEN MASSAGE

## James R. Nelson MACP Psychotherapist

Professional  
Confidential

(802) 651-7764  
Burlington, VT 05401

## WOMEN'S CHOICE GYNECOLOGIC ASSOCIATES

Cheryl A. Gibson M.D.  
Susan F. Smith M.D.

23 Mansfield Avenue,  
Burlington, Vermont 05401  
802-863-9001  
Fax: 802-863-4951

## PRIMARY CARE IN FRANKLIN COUNTY

### Mara Vijups, M.D.

Family Practice Specialist  
NMC Rural Health Services

Caring for Adults & Children

Enosburg  
933-5831

Swanton  
868-2454

East Fairfield  
827-3032



## Forest Family Dentistry

Laurie Ann Forest, D.D.S.  
The Heritage I Building  
81 River Street  
Montpelier, VT 05602  
(802) 229-0033

## Men Together

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book can easily be read at your local bookstore. If you're looking for a coffee table book to shock your parents this Thanksgiving or to help you come out to friends, skip this one. It's not worth the thirty bucks they're asking for it. If you are interested in buying Men Together, wait a few months. In time, you'll be able to pick up this gem at Barnes and Noble for \$5.98. Make that \$2.98.

Tell your vision-impaired friends about OITM's new BRAILLE format!

## Curbside

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**AN UNGUARDED MOMENT**

CHECK IT OUT, NATHAN! THE LATEST MAGAZINE COVER STORY GUARANTEED TO MAKE YOU FEEL LIKE A ZERO.

"THE BEST AND BRIGHTEST UNDER 30... THEY'RE GAY. THEY'RE LESBIAN. AMERICA'S FUTURE IS IN THEIR HANDS!"

YEAH, BUT HOW MANY PEOPLE OF ANY AGE GET INTO MAGAZINES LIKE THIS? YOU SHOULDN'T TAKE THESE THINGS SO PERSONALLY...

26 YEARS OLD AND WHAT HAVE I ACCOMPLISHED? NOTHING, THAT'S WHAT. YOU SEE HOW FAR A LITTLE CREATIVITY AND INTELLIGENCE WILL TAKE YOU IN THIS WORLD.

THESE FOLKS SEEM PRETTY CREATIVE AND INTELLIGENT, DREW. BESIDES, YOU'VE DONE STUFF! HOW ABOUT THOSE 3 ZINES YOU'VE PUBLISHED?? THEY'RE GOOD!

YEAH, THEY WERE WELL-RELIEVED, WEREN'T THEY... THE SECOND ONE EVEN GOT A NICE REVIEW IN THAT PORN MAGAZINE... BUT THE THING IS, THE ADVOCATE ISN'T EXACTLY BEATING DOWN MY DOOR! IF I DIDN'T PUBLISH MY STUFF NO ONE ELSE WOULD!

AGE 23, musician... JEEZ...

YEAH? WELL, WHAT YOU'VE GOT TO SHOW FOR YOURSELF IS A HELLUVA LOT MORE THAN WHAT I'VE GOT! THINK ABOUT IT: ALL I DO ALL DAY LONG IS SERVE ESPRESSO TO PEOPLE, AND I'M NOT EVEN GOOD AT THAT! I HAVEN'T EVEN PRACTICED ON MY GUITAR IN TWO YEARS! I'M A FAILURE.

YOU'RE NOT A FAILURE, NATHAN. YOU'RE A GOOD PERSON. YOU'RE BEAUTIFUL AND... FULL OF LIFE.

REALLY?

AW, YOU'RE SO...

so...

RUB RUB

RUB RUB RUB RUB