

A Better Sex Life

Paul Olsen

Approximately 35 men attended the July 28, 1993 "Hot Summer Sex!" seminar presented by the Vermont Committee for AIDS Resources, Education and Services (C.A.R.E.S.) as part of a grassroots campaign against the transmission of HIV in Vermont. Facilitated by Terje Anderson, Dave Landers, Craig Mitchell, Larry Murrill, David Steady and Vermont C.A.R.E.S. HIV/AIDS Education Coordinator John Olson, the evening was the first in a series of peer education sessions planned.

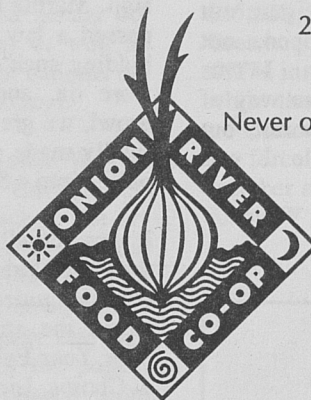
Recognizing that humor is an effective way to break inhibitions around issues of sexuality, the seminar was designed to be both playful and serious. Role playing, brainstorming, small group discussions, and games contributed to the comfort level in the room. According to John Olson, providing a safe environment where people can feel comfortable talking about sex and HIV transmission is a step towards creating and maintaining a healthy life. Additionally, peer support is seen as critical in the adoption and maintenance of safer sex practices by men who have sex with men. Those attending the seminar found the session relaxed and the information helpful.

This seminar marked the beginning of the educational component of C.A.R.E.S.' safer sex initiative in Chittenden, Washington, Addison, and Rutland counties. The success of this night indicates that many men want accurate information regarding the transmission of HIV and that they can have fun learning it. ▼

FRESH WHOLESOME ORGANIC & CONVENTIONAL FOODS

The bounty is in...

Revel in the harvest

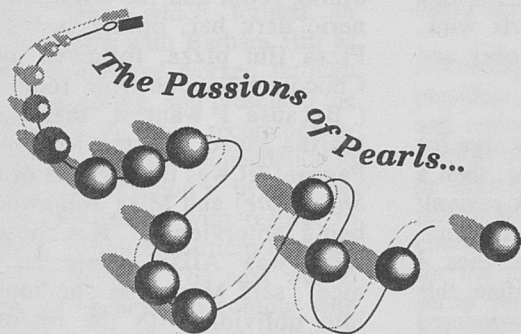


274 North Winooski Ave.
Burlington 863-3659
M-S 9:30-7:30

Never on Sunday in the summer
Reopening on Sunday
Sept. 5 - 12 to 5



"Food for people, not for profit"



Friday, Sept. 10 Women's Dance
\$6.00 5-9 p.m.

Thursday, Sept. 16 Juice Bar
\$3.00 cover 10 p.m.
(All other Thursdays of the month, Free D.J.)

Saturday, Sept 18 Ladies Lounge
\$6.00 7-10 p.m.

Sunday, Sept. 19 Brunch
See menu next column 10 a.m.- 2 p.m.

Friday and Saturday Door Cover Policy
Before 9:00 pm Free • 9:00 - 10:00 pm \$1.00 After 10:00 pm \$3.00

Pearls

135 Pearl Street • Burlington, Vermont

Welcome to Pearls
Sunday Brunch

Brunch special \$5.95
Breakfast Burrito OR 3 cheese omelette
Sausage or Bacon
Homefries
Blueberry crumb squares

A la Carte Selections

Breakfast Burrito.....\$3.50
3 Cheese Omelette.....\$3.50
Omelette with 2 fillings.....\$3.75

choose from:

cheese, mushrooms, spinach, onions, green peppers,
bacon or sausage

Two eggs & Toast.....\$1.75
Side of sausage or bacon.....\$1.25
Side of Homefries.....\$1.00
Blueberry crumb squares.....\$1.00

Beverages

Coffee or Tea.....\$1.00
Juices.....\$.75
Mimosas.....\$2.25
Mary Pearls.....\$2.50
** full bar also available **

✱ Food prepared & cooked by Chef Cindy ✱
✱ Thank you for coming to pearls ✱