



# Don't forget your rubbers.

You don't get it from toilet seats.  
You don't get it from coffee cups. You  
don't get it from desk tops in a school  
room.

It doesn't fly through the air or  
swim around in hot tubs.

You don't catch it from shaking

hands, kissing, sneezing, wrestling or  
dancing.

According to the Surgeon General,  
your best protection against AIDS,  
barring abstinence, is use of a condom.

For the facts about AIDS, call the  
Vermont AIDS Hotline.

**VERMONT AIDS HOTLINE: 1-800-882-AIDS**

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