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# AIDS Information



Call 1-800-882-AIDS



## \$100,000 Budget For VT CARES

by Terie Anderson

The Vermont C.A.R.E.S. Board of Directors unanimously approved a \$100,000 budget for 1988. The budget, put together by Executive Director Terje Anderson, is designed to accommodate the rapidly expanding need for AIDS education in this state, and also allows for Vermont C.A.R.E.S. produced AIDS education literature, cutting down our dependence upon out of state materials.

"We're excited about our plans for the upcoming year," says Terje Anderson, "and this budget realistically reflects what

it will take to do the job."

The budget also calls for addition of three new paid staff positions to include an administrator/fundraiser, an education coordinator, and a client services coordinator. These new positions are scheduled to be open for hiring in February, June and October. The addition of new staff members will enable us to keep up with the growing challenges presented by the AIDS crisis in Vermont.

About \$30,000 of the projected \$100,000 budget is expected to come from community fundraising events and private contributions.

Individual gifts and donations, are of course, a crucial part of the Vermont C.A.R.E.S. total income.

The total budget (covering everything from rent and utilities to educational efforts and staffing) is \$100,370.

"This is an ambitious budget, which reflects the rapid growth of the epidemic in Vermont," said Steve Shepard, Chair of Vermont C.A.R.E.S. "Meeting it will be challenging, but it is essential for the level of education and services which we need in this state."

### **Anticipated expenses for 1988**

Office expenses (rent/utilities/supplies)	\$12,920
Salary (executive director, administrator, education coordinator, client services coordinator)	56,000
Materials	9,400
Educational events and expenses	13,550
Direct Client Emergency Assistance	3,500
Other expenses/contingency fund	5,000
Total	100,370

#### **Vermont AIDS Statistics as of** December 15, 1987

Total cases: 24 Male: 23 Female: 1	Deaths:	12
Incidence Group:	number	percent
Gay/Bisexual men	15	62.5%
Intravenous needle	use 4	16.7%
Both IV and gay	2	8.3%
Heterosexual conta		8.3%
Blood transfusion/		
clotting	1	4.2%
Year of reporting		
1983 - 1 198	34 - 0 198	35 - 3
1986 - 5 198	37 -15	

# Volunteer to Help a "Buddy"

Vermont C.A.R.E.S. will conduct a five-part series of training workshops for people interested in becoming client services volunteers. The workshops will take place on Sunday afternoons beginning in mid-January.

All potential volunteers are encouraged to attend the first introductory session, as well as any of the following sessions which relate to their specific areas of interest.A volunteer handbook/manual and information package will be distrib-

uted at the first session.

As the number of people diagnosed with AIDS in Vermont grows, so will the need for trained volunteers to help provide services to our clients. Anyone interested in attending these sessions should contact the Vermont C.A.R.E.S. office by January 10 to receive further details of the workThe workshops are scheduled as follows:

#1 - Sunday, January 17 - Introduction

to "Buddy" Work #2 - Sunday, January 24 - Hospital Visitation and Support Issues

#3 - Sunday, January 31 - Home Care #4 - Sunday, February 7 - Client Advocacy in the Social Services

#5 - Sunday, February 14 - Support Perspectives: The Emotional Needs of Clients and Caregivers

All workshops will take place at the Vermont C.A.R.E.S. office, 30 Elmwood Avenue, second floor, in Burlington. The workshops will run from 1 to 3:30 pm, and light refreshments will be served.

Plans are also in the works for a similar series of workshops in other areas of the state later in the year for those who cannot travel to Burlington.