

# VERMONT RESOURCES

**ACLU -- American Civil Liberties Union**  
43 State Street  
Montpelier, VT 05602  
(802) 223-2348

**Amelia Earhart**  
Box 746  
Lebanon, NH 03766  
(603) 632-7146

**Burlington Women's Council**  
City Hall  
Burlington, VT 05401  
(802) 658-9300 Ext. 125

**CVGM (Central Vermont Gay Men)**  
P.O. Box 234  
Montpelier, VT 05602

**Colors (bar)**  
20 Elliot Street  
Brattleboro, VT 05301  
(802) 254-8646

**Everyone's Books**  
71 Elliot Street  
Brattleboro, VT 05301  
Largest selection of lesbian and gay books in Vermont.

**Gay and Lesbian Encounters (GALE)**  
P.O. Box 438  
St. Johnsbury, VT 05461  
Lesbian and Gay support in the Northeast Kingdom.

**Gay/Lesbian AA/Alanon**  
Western Avenue  
Solar Hills Mansion  
Brattleboro, VT 05301  
Saturdays, 8 pm.

**Gay/Lesbian AA**  
Baird 318  
Medical Center Hospital  
Burlington, VT 05401  
Tuesdays, Thursdays, 8 pm  
King Street Youth Center  
Burlington, VT 05401  
Sundays, 1 pm.

**Integrity -- Lesbian and Gay Episcopalians, open to all.**  
Box 126  
Burlington, VT 05402  
1st, 3rd Saturdays, 8 pm.  
St. Paul's Cathedral  
Battery and Pearl Streets  
Burlington, VT

**Interweave**  
RD #2, Box 86A  
Newport, VT 05855

**Kwanzaa**  
(black, native American, and third world cultural, educational and resource group)  
Box 583  
Burlington, VT 05402

**National Association of Social Workers/Lesbian and Gay Issues Committee**  
c/o Box 147  
Woodstock, VT 05091

**Out in the Mountains**  
P.O. Box 438  
Hinesburg, VT 05461

**PADS -- Burlington area women's group**  
c/o Mary Bentley  
P.O. Box 242  
Winooski, VT 05404

**Peace and Justice Center**  
186 College Street  
Burlington, VT 05401  
(802) 863-2343

**Pearl's (bar)**  
135 Pearl Street  
Burlington, VT 05401  
(802) 863-2343

**RAGS -- Rutland Area Gays**  
Box 147  
Center Rutland, VT 05736

**SAMS -- Social Alternatives for Gay Men**  
Box 479  
Norwich, VT 05055  
Tuesdays, 7:30 pm.

**UVM-GLSA -- University of Vermont Gay and Lesbian Student Alliance**  
B-164 Billings  
UVM  
Burlington, VT 05405

**VGW -- Vermont Gay Volleyball**  
Box 248  
Hinesburg, VT 05461  
Sundays, 6-8 pm, recreational volleyball for all level players.

**Vermont C.A.R.E.S.**  
P.O. Box 1125  
Montpelier, VT 05602

**Vermont Interfaith Coalition on Lesbian and Gay Concerns**

171 N. Winooski Avenue,  
Apt. 1  
Burlington, VT 05401

**VLGR -- Vermonters for Lesbian and Gay Rights**  
(political advocacy, speakers, community resources, information)  
Box 281  
Hinesburg, VT 05461

**VT New Jewish Agenda**  
c/o Naomi Almeleh,  
Member /Coordinator  
14 Downing Street  
Montpelier, VT 05602

**VT NOW**  
138 Church Street, #6  
Burlington, VT 05401  
(802) 658-6091  
Primary focus until November: ERA

**Women's Health Center**  
336 North Avenue  
Burlington, VT 05401  
(802) 863-1386

**Women Helping Battered Women**  
P.O. Box 1535  
Burlington, VT 05402  
Hotline: (802) 658-1996  
Office: (802) 658-3131

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Coping what they have been in the past so don't expect them to. If you have to be separated from your lover make sure that you both set up time to talk while away, as it will be hard on him/her as it is on you. If you are going to be away from your support system for a while, be sure to know where they are if you need to talk to an understanding friend if things get tough. If you have recently come out to family members and this will be the first holiday since

that happened don't be too paranoid about their reactions. Take care of your self: if you get angry at yourself, if you overeat or indulge in other things, try to avoid that. Continue your exercise program at home, take a walk, get away. If you choose not to deal with the holidays then do so without guilt. Taking care of yourself has to be a priority. Visit your family at some other time of the year - they may not understand, but that is their problem, not yours. Don't let the holiday time

interfere with the good feelings we have about who we are - holiday times can be great if we realistic expectations about them.

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If your group would be willing to sponsor such a meeting, or you would like more information, please contact VT C.A.R.E.S. via its mailing address (P.O. Box 1125, Montpelier, VT 05602) or call one of the following members: Keith Goslant 454-8552, Terje Anderson 862-5917, Steve Shepard 862-7817.

## We Need Your Help!

*Out in the Mountains* has gotten off to a solid start, and we want to continue to be Vermont's Newspaper for Lesbians and Gay Men. To do this, we need to look now to next year when the Haymarket Grant will no longer cover our operating costs and to begin now to raise money for next year's expenses. Won't you please help us to continue to publish *Out in the Mountains* each month by sending your donation to:

**Out in the Mountains, PO Box 438, Hinesburg, VT 05461.**

