

classifieds

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Announcements

▼ A group of GLBTQ and allied Christians is forming in the Montpelier area for social, spiritual and worship opportunities. For more information, e-mail: dufferin-vt@operamail.com

Classes

▼ HOT YOGA OF PUTNEY is now open! Come join us laugh, sweat, bend and twist -work harder than you ever thought possible in 90 minutes! All classes are led by a certified Bikram Method Instructor in a heated room. Many who practice experience benefits such as Increased energy, weight loss, relief from migraines and headaches, added strength and flexibility, and more self confidence just to name a few. Bring a towel, yoga mat, lots of water and be prepared to sweat. All levels and abilities are welcome- this is a "beginners" series. You don't have to be flexible to do yoga! Just show up and leave the rest to us, you'll be glad you did! Classes are Monday, Wednesday and Friday at 4PM, Tuesday, Thursday, and Saturdays at 9AM. Call 802-387-

3352. We hope to see you soon!!! 125 Main St, The Carriage House, Putney, VT 05346

Groups

▼ Coming Out? Married and confused? Already Out and want support? Join others with similar experience every 2nd and 4th Thursday (6:30pm) at RU12 in Burlington for support from peers and mental health professionals. See calendar listing in this paper or call 802.860.7812 FMI.

Personals

▼ Lonley, incarcerated, sexy GWM. Masculine, brown hair, green eyes, athletic build and in great health. Seeking caring, stable soulmate for lasting relationship. Give this romantic guy a chance at a new life with a lifetime mate. Donnie Duke #106874, KSP PO Box 5128, Eddyville, KY 42038

Real Estate For Rent

▼ Quechee, VT - Beautiful two bedroom plus sleeping loft home

in the country on a hill with northern views. This furnished home is sun-filled with an open design leading to perennial gardens and an outdoor patio off the kitchen. Reference, deposit and lease required. Available May 1. \$1550/month + utils. Pet not preferred, but some flexibility may be possible.

▼ Vacation Rental: Cozy, secluded Cottage on Pond. Don't wait. Weeks filling up. in Monadnock/Sunapee Region of Southwest NH. now taking reservations for Spring, Summer, Fall 2005. Canoe, Swimming, Fishing, Horsehoes, Bocci, BBQ, Fireplace, Sleeps 6-8. TV, Complementary furnished. Just bring linens and food. Also available for retreats, re-creation, simple camping. Visit website to view pictures and info: www.thepaintedbear.com or 603.863.2301 (Thomas)

Roommates Wanted

▼ Room to rent in large gracious home near downtown

Barre. Share bath, private kitchen, large porch. Share home with professional 41 yr, GWM and cat. GM, non-smoker preferred. \$550/month, utils included. (802) 279-3936

Services Offered

▼ Respectful and confidential counseling services are now available to the Lesbian, Gay and Transgendered community in Central Vermont helping individuals, couples and families deal with a variety of issues including depression, anxiety, grief and loss, anger management, chronic illness, sexual identity, and relationship/communication issues. The Office is conveniently located in South Barre and evening hours are available. A licensed professional provides services and most insurance is accepted. For more information and/or to schedule and appointment, please contact Glen McClintock, LICSW at (802) 479-0164.

▼ AlaskaWildSalmonCompany.com: Order wild salmon delivered to your door direct from an Alaskan fishing family. We harvest salmon sustainably, one

at a time, with hook and line in Alaska's pristine wilderness marine waters. Our wild salmon are in prime condition, full of heart-healthy Omega-3 oil, and at the peak of vigor, taste and freshness. After capture, we immediately dress and ice each fish by hand, a process producing the highest quality salmon in Alaska. Our commitment is to fair pricing, guaranteed quality, and customer service. See us on the web or call Mark and Sara toll-free 1-866-463-3458.

▼ Massage Student looking for new clients. Offering a HUGE discount. A full body massage for 1 hour for ONLY \$35.00. Gift Certificates Available. Call Kymberly today for a in-depth, relaxing massage. 310.6562

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