



s a m a r a  
foundation of vermont

### Our Mission

The Samara Foundation of Vermont is a charitable foundation whose mission is to support and strengthen Vermont's gay, lesbian, bisexual, and transgendered communities today and build an endowment for tomorrow.

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## Mr. Les B. Frank

Your Guidance Counselor for Life

Hey, Mr. Frank,

I'm just going to come right out and say it. I love sex. I am always on the look out for a sexy woman to get into my bed. My friends tell me that, when it comes to sex, I act like a gay man or a man, in general. I don't think that because I have a hearty sexual appetite I should be judged by my friends or anyone and certainly not called a man if I act on my urges with a lot of different women.

Two of my friends dared me to write this to you, because they think you'll take their side.

Signed,  
Voracious,  
Springfield VT

Dear Voracious,

Points for not beating around the bush, so to speak, in explaining your situation. Points, too, for having a vocabulary that includes the word "voracious."

I don't think your friends are going to like what I have to say, so they may regret daring you to write to me.

I don't see anything wrong with you bedding a lot of women, as long as you're clear with them that you are a proverbial bitch in heat. Let your sex partners know that it's just about bumping uglies (no personal characterization intended) and let them decide if they want to dive into that kind of interaction or not.

No matter how forthcoming we are, some people – no matter what their gender – will begin to visualize china patterns, the minute they are in an intimate situation with another person.

So, be warned, be respectful of other people's feelings and be safe.

Hey, Mr. Frank,

In a few days, I'll be turning 30. I've been hanging out with a different group of guys, lately, and my old friends are basically freaked out about it.

My new friends are into pretty hardcore sex stuff and I admit that part of me is totally turned on by some of what I've seen them do. But another part of me thinks that it's just like peer pressure and that I'm only turned on because I see the other guys turned on. How can I know for sure?

Signed,  
Reggie in Bennington,  
Bennington, VT

Dear Reggie,

Happy Birthday!

I'm wondering if what you call "pretty hardcore sex stuff" will include the hot wax from birthday candles being dripped all over you.

Turning 30 can be a major milestone for some people. It often represents the time when we finally separate ourselves from our youthful ways and set the course for our adult life.

I think it's healthy for you to take this time and wonder whether your arousal is based on your own, previously-unexplored proclivities or whether you're just suffering from the popcorn-like experience that results in popping a boner (as opposed to corn) merely because those around you are getting erections.

I'd encourage you to find ways to safely expand your horizons without cutting off your old friends. A person doesn't have to a hardcore sex pig 24/7/365.

After a while, it would get pretty tedious. There are times when watching a game with good friends who don't want to truss you up like a holiday turkey can be a very satisfying and fun experience. Don't limit yourself to what others tell you is right for you.

And don't drip any candle wax on the carpet. It can be a bitch to remove.

Mr. Les B. Frank offers guidance counseling to people of all ages. He's also cup fitter for a burly baseball team in need of support and protection. Some letters are edited for length, spelling or grammar. Send your questions and requests for guidance to [HeyMrFrank@aol.com](mailto:HeyMrFrank@aol.com).